

HEALTH PROGRAM PRICE LIST



TYPE OF SERVICE

VITAL START

PACKAGE CONTAINS: • initial and final examination by a doctor • three therapies per day as recommended by the doctor (hydrotherapy, hydro gymnastics, fango therapy, paraffin, electrotherapy – laser, magnet, various electro procedures, group medical gymnastics etc.) • thermal water pool access • full board (buffet) • twin room accommodation.
Minimum stay: 7 days.

VITAL PLUS

PACKAGE CONTAINS: • initial and final examination by a doctor • up to five therapies per day (hydrotherapy, hydro gymnastics, paraffin, electrotherapy: laser, magnet, various electro treatments, partial massage, group medical gymnastics etc.) • thermal water pool access • full board (buffet) • twin room accommodation.
Minimum stay: 7 days.

VITAL PREMIUM

PACKAGE CONTAINS: • therapies recommended by a doctor specialist physiatrist • initial and final examination by a doctor • medical specialist's advice and adequate therapies • laboratory diagnostics, if necessary • thermal water pool access • full board (buffet) • twin room accommodation.
Minimum stay: 7 days.

JOY OF LIFE

TREATMENT OF INFERTILITY BY NATURAL HEALING FACTORS

PACKAGE CONTAINS: • specialist doctor's examination upon arrival and at the end of treatment • therapeutic procedures on recommendation of a doctor specialist (up to four types of therapies daily) • thermal water pool access • full board (buffet) • accommodation, twin room.
Minimum stay: 10 days. Recommended program duration is 21 days.

SPORT PRO

MEDICAL TREATMENT OF ATHLETES

PACKAGE CONTAINS: • individual patient approach • initial and final diagnostics on the Biodex system • initial and final examination by a specialist doctor • kinesiology and physical therapy as recommended by the specialist • individual kinesitherapy sessions (120 minutes) • thermal water pool access • accommodation, twin room • full board (buffet).

**SPA HOTEL
THERMAL
(€/DAY/PERSON)**

**DEPANDANCE
ARCADIA
(€/DAY/PERSON)**

90,00

75,00

76,00

62,00

FOR RETIREES

FOR RETIREES

For stays of 10 days or more - 10% discount.

105,00

88,00

90,00

76,00

FOR RETIREES

FOR RETIREES

For stays of 10 days or more - 10% discount.

118,00

99,00

102,00

85,00

FOR RETIREES

FOR RETIREES

For stays of 10 days or more - 10% discount.

105,00

88,00

For stays of 12 days or more - 10% discount.

147,00

130,00

UP TO 8 DAYS

UP TO 8 DAYS

134,00

118,00

8 DAYS AND MORE

8 DAYS AND MORE

TYPE OF SERVICE		SPA HOTEL THERMAL (€/DAY/PERSON)	DEPANDANCE ARCADIA (€/DAY/PERSON)
THE GOLDEN YEARS - PROGRAM FOR RETIREES			
PACKAGE CONTAINS: • four therapies per day as recommended by a doctor (hydrotherapy, hydro gymnastics, fango therapy, paraffin, electrotherapy - laser, magnet, various electro procedures, group medical gymnastics, partial massage) • initial and final medical examination • full board – buffet • thermal pool access • accommodation, twin room. Minimum stay - 10 days.		80,00	66,00
	Package Price 7 nights (8 days)	679,00	567,00
	Package Price 10 nights (11 days) Additional free feature in the package: 1x partial water massage	940,00	790,00
	Package Price 14 nights (15 days) Additional free feature in the package: 1x partial water massage, 1x InterX or Hiro-hilt laser	1260,00	1050,00
THERAPY FOR CHRONIC DISEASE			
PACKAGE CONTAINS: • initial and control examination by a specialist in physical medicine and rehabilitation • hydrogymnastics, electrotherapy - pain therapy, group exercises • InterX or Hiro-Hilt laser • partial hand massage • partial hydromassage • scift bicycle • bicycle access • thermal water pool access • full-board • twin room accommodation. Due to prolonged and positive balneo rehabilitational effects, longer stay is recommended.			
PREPARATION FOR SURGERY			
A HEALTH PROGRAM FOR THE POSTOPERATIVE PERIOD WILL STRENGTHEN YOUR MUSCLES AND FITNESS. PACKAGE CONTAINS: • initial and control examination by a specialist in physical medicine and rehabilitation • hydrogymnastics, electrotherapy - pain therapy, group exercises • consultation with a nutritionist, diagnosis and creation of a special menu • thermal water pool access • recreational bicycle access • full-board • twin room accommodation. Minimum stay - 5 days.		99,00	85,00
TIME FOR ME			
PACKAGE CONTAINS: • examination by a specialist in physical medicine and rehabilitation • initial diagnostics: anthropometry • body composition analysis and customized nutrition according to the recommendation and supervision of a nutritionist • therapeutic procedures under the professional supervision of physical therapists: underwater massage in a tub, exercises for body regeneration, breathing exercises outdoors • therapeutic procedures under the professional supervision of kinesiologists: assessment of static and dynamic parameters related to balance maintenance; PowerPlate vibration platform: <i>cardiovascular exercises – cycling, stepper, elliptical trainer..., stretching exercises</i> • use of a pool with healing thermal water • walk with a tour guide – a tour of the city and cultural-historical landmarks (walk approximately 2.5 km) • accommodation, twin room • full board.	5 nights (6 days)	460,00	410,00
	12 nights (13 days) Additional in the 12-day program: • follow-up (control) examination by a specialist in physical medicine and rehabilitation • electrotherapy (TENS) • 2x outdoor breathing exercises • nordic walking • creation of a nutrition plan	1032,00	912,00
{IT} MATTERS - THE PROGRAM IS SPECIALLY TAILORED FOR EMPLOYEES IN THE ICT SECTOR, AS WELL AS TREAT SPECIFIC DISEASES RELATED TO THE NATURE OF WORK, I.E., A PREDOMINANTLY SEDENTARY LIFESTYLE.			
PACKAGE INCLUDES: • full board accommodation in Spa hotel Termal • examination by a doctor specialist physiatrist • therapeutic procedures under the expert supervision of physical therapists - Pearl baths, McKenzie exercises, Hull stabilization exercises, InterX, Electrical procedures, partial manual massage • therapeutic procedures under the expert supervision of kinesiologists - assessment of static and dynamic parameters associated with maintaining balance; PowerPlate vibrating platform, exercises for the cardiovascular system (cycling, stepper, orbitrek), stretching exercises • use of the pool with thermal water • unlimited internet access (wi-fi) • free parking.	1.0 - 5 nights (6 days)	705,00	590,00
	2.0 - 7 nights (8 days) PACKAGE INCLUDES: Package 1.0 + first and final examination by a doctor specialist physiatrist, MFR (Myofascial release)	980,00	819,00
	3.0 - 10 nights (11 days) PACKAGE INCLUDES: Package 1.0 + first and final examination by a doctor specialist physiatrist, Sigma (proprioceptive pad)	1290,00	1080,00

CONTACTS

RESERVATION OFFICE: **+385 43 623 632, +385 43 623 623**. RECEPTION: **+385 43 623 000 (00-24)**

Note: No therapies are provided on Sundays, public holidays, and/or festive days. Prices are expressed in euros, based on accommodation in a twin room (Exempt from VAT based on the VAT Act Article 39, Paragraph 1.b.). Prices are per person, and do not include tourist tax of 1,85 € per day and one-time reception fee (1,30 €). Single room/ single use of a twin room is 22 € per day (VAT included in the price).